

ABSTRAK

Zebua, Ican Irvan. 2024. *Analisis Penerapan Keselamatan dan Kesehatan Kerja (K3) dalam Meminimalisir Resiko Kerja Pada PT. Pos Indonesia (Persero) Kantor Cabang Gunungsitoli*. Skripsi. Pembimbing (1) Eduar Baene, S.E., M.Si.

Dalam menjalankan tugasnya, pegawai dan staf Kantor PT. Pos Indonesia (Persero) Cabang Gunungsitoli dihadapkan pada beberapa tantangan keselamatan dan kesehatan kerja (K3). Data observasi menunjukkan bahwa sebanyak 75% kecelakaan terjadi di lapangan disaat pengantaran paket, 15% terjadi selama aktivitas sortir, dan 10% sisanya terjadi dalam kegiatan administratif. Dari total kecelakaan, 75% disebabkan oleh kesalahan manusia, seperti ketidakhati-hatian atau kurangnya pengetahuan tentang praktik keselamatan. Sementara itu, 25% disebabkan oleh kondisi lingkungan yang kurang aman dan intensif, termasuk fasilitas penyimpanan yang tidak tertata rapi dan kurangnya tanda peringatan.. Jenis penelitian ini menggunakan penelitian kualitatif dengan pendekatan deskriptif, variabel penelitian adalah penerapan keselamatan dan kesehatan kerja. Hasil penelitian menunjukkan penerapan keselamatan dan kesehatan kerja yang telah dilakukan di PT. Pos Indonesia (Persero) Kantor Cabang Gunungsitoli selama ini tergolong cukup baik namun perlu ditingkatkan lagi. Upaya-upaya yang dapat dilakukan untuk mencapai tujuan ini termasuk mengidentifikasi praktik keselamatan dan kesehatan kerja yang sudah diterapkan di tempat kerja, menganalisis kepatuhan terhadap regulasi keselamatan dan kesehatan kerja yang berlaku, serta mengumpulkan data terkait insiden-insiden kecelakaan dan cedera kerja yang terjadi di kantor maupun dilapangan serta penanganan kecelakaan menggunakan BPJS kesehatan, memastikan penggunaan alat pelindung diri yang sesuai, perbaikan infrastruktur dan fasilitas kerja, termasuk pemasangan peringatan keselamatan, juga perlu dilakukan. Komunikasi yang terbuka antara manajemen dan pegawai diharapkan dapat membangun budaya kerja yang lebih aman.

Kata Kunci : Penerapan Kesehatan, Keselamatan Kerja, Resiko Kerja

ABSTRACT

Zebua, Ican Irvan. 2024. Analysis of the Implementation of Occupational Safety and Health in Minimizing Work Risks at PT. Pos Indonesia (Persero) Gunungsitoli Branch Office . Mini Thesis. Supervisor (1) Eduar Baene, SE, M.Si.

In carrying out their duties, employees and office staff of PT. Pos Indonesia (Persero) Gunungsitoli Branch is faced with several occupational safety and health (K3) challenges. Observation data shows that as many as 75% of accidents occur in the field during package delivery, 15% occur during sorting activities, and the remaining 10% occur in administrative activities. Of the total accidents, 75% are caused by human error, such as carelessness or lack of knowledge about safety practices. Meanwhile, 25% is caused by unsafe and intensive environmental conditions, including storage facilities that are not neatly arranged and a lack of warning signs. This type of research uses qualitative research with a descriptive approach, the research variable is the implementation of occupational safety and health. The research results show that the implementation of occupational safety and health has been carried out at PT. Pos Indonesia (Persero) Gunungsitoli Branch Office has been considered quite good but needs to be improved. Efforts that can be made to achieve this goal include identifying occupational safety and health practices that have been implemented in the workplace, analyzing compliance with applicable occupational safety and health regulations, and collecting data related to work accidents and injuries that occur in the office. and in the field as well as handling accidents using health's guarantee card, ensuring the use of appropriate personal protective equipment. Improvements to infrastructure and work facilities, including installing safety warnings, also need to be carried out. It is hoped that open communication between management and employees can build a safer work culture.

Keywords: Implementation of Health, Work Safety, Minimization Occupational Risks